



Northern Arizona Healthcare

Childbirth Education 2024 Classes

Congratulations!
**You are expecting a baby
and it is an exciting time.**

Join our labor and delivery nurses and certified, specially trained health care professionals for these in-person classes.

LABOR BASICS

Dates of classes: Saturday, July 20, Aug. 10, Oct. 5
9 a.m. - 5 p.m.

PREPARING FOR BIRTH SERIES

Dates of classes:
Mondays, Aug. 12, 19, 26 or Oct. 21, 28, and Nov. 4
6 p.m. - 9 p.m.

928-773-2491

Please contact the NAH Childbirth Education office to register.

Northern Arizona Healthcare Childbirth Education
Flagstaff Medical Center Education - 1000 N. Humphreys, Stes. 241-242