

Northern Arizona Healthcare
Flagstaff Medical Center

Spine and Joint Surgery Center

2018-2019 Spine Surgery Pre-Op Class

A valuable free class for patients scheduled to have spine surgery

What: Our surgeons recommend this free class to prepare you for your upcoming spine surgery. We strongly encourage you to bring the friend or family member who will act as your coach during the recovery process.

The class includes a free patient guidebook, provides an opportunity to ask questions about your surgery and covers the following topics:

- How to prepare for surgery.
- An overview of the hospital and patient experience.
- Preparing your house for your arrival home.
- A guided tour of the Spine and Joint Surgery Center.

When: This class is offered from 3 to 4:15 p.m. each Thursday through 2018-2019 (except for Thanksgiving due to holiday).

If you are unable to attend class, please review the class video at
NAHealth.com/events/spine-surgery-pre-op-class

Where: A staff member will meet you in the Main Lobby of Flagstaff Medical Center's East Campus and escort you to the Spine and Joint Surgery Center.

**For more information: Call 928-214-2812
or visit NAHealth.com.**

You do not need to register for this class.

1200 N. Beaver St., Flagstaff, AZ 86001



Northern Arizona Healthcare
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Spine and Joint Surgery Center Pre-Op Classes

Where to park and where to enter for your class



FOREST AVENUE

- Entrance
- Telephone
- Mailbox
- Coffee Cart
- Information Desk
- ATM

BEAVER STREET

**ENTER
HERE
to Get
to Parking
Garage**

**East Campus
Main Entrance**

**MEET
HERE**

**PARK
HERE**

Parking Garage



Northern Arizona Healthcare
Flagstaff Medical Center

Physicians and Surgeons
Office Building
(PSOB)

Flagstaff
Outpatient
Pharmacy

The
Ambulatory
Surgi-Center
Building

Cardiac Cath Lab

Information
Desk

ELEVATOR B

Endoscopy

Pre-Surgical Services

Gift Shop

ELEVATOR

Women &
Infants' Center

ELEVATOR

Surgery
Waiting

ELEVATOR A

Chapel

Cafeteria

Cardiology / Respiratory

Intensive Care
Waiting

Lab

Radiology

Emergency
Department

Outpatient
Registration

Emergency
Entrance
Open 24 hours

Outpatient
Services
Entrance

Patient
Parking

SAN FRANCISCO STREET

Questions? Please call Spine and Joint Surgery Center at 928-214-2812.